

## Young Women's Camp Packing List

**Camp Gear Instructions:** Place all sleeping gear (sleeping bag, pad, pillow, and a blanket in a heavy duty garbage bag. Label your name on all bags and your camping chair with masking or duct tape.

CLOTHING		PERSONAL ITEMS/TOILETRIES	
	Sweatshirt/Jacket		Sleeping bag
	Long Pants		Sleeping pad
	Shirts (no tanks or sleeveless)		Pillow
	Shorts (longer length)		Blanket
	Pajamas		Deodorant
	Socks		Brush
	Underwear		Toothbrush & Toothpaste
	Closed-toe shoes		Lip Balm and Sunscreen
	Modest swimwear		Soap
	Sandals for river/shower		Bath towel
	Swim towel		Shampoo/Conditioner
	Hat		Feminine products, if needed
			Medications, if needed
MISCELLANEOUS ITEMS			
	Flashlight with batteries		
	Camp Chair - optional		
	Bug repellent - be prepared!		
	*Please leave all electronic devices at home*		